

Who we are

Southern Community Welfare (SCW) is a community based, non-profit, harm prevention organisation. Since our inception in 1995 we have offered professional, innovative, therapeutic services to families and individuals.



SCW has a particular focus on serving the community in the areas of risk, resilience and early intervention.

SCW was built on and continues to operate within the values of the Christian faith.

SCW provides programs that address the areas of suicide prevention, deliberate self injury, eating disorders, depression, child abuse, loss and grief, family breakdown and parenting skills.

It is our commitment to care, equip, empower and offer hope to those in the community who are struggling in these areas.

SCW offers:

- General and Specialist Counselling;
- Community education;
- Support Groups and Family support.

For more information on our service, please visit our website www.scw.org.au

Rainbows:

Helping children with:

- Death
- Divorce
- Anger
- Trust
- Self
- Family
- Belonging
- Forgiveness
- Coping tools

Rainbows is run through



Southern
Community
Welfare Inc.

Southern Community Welfare Inc.

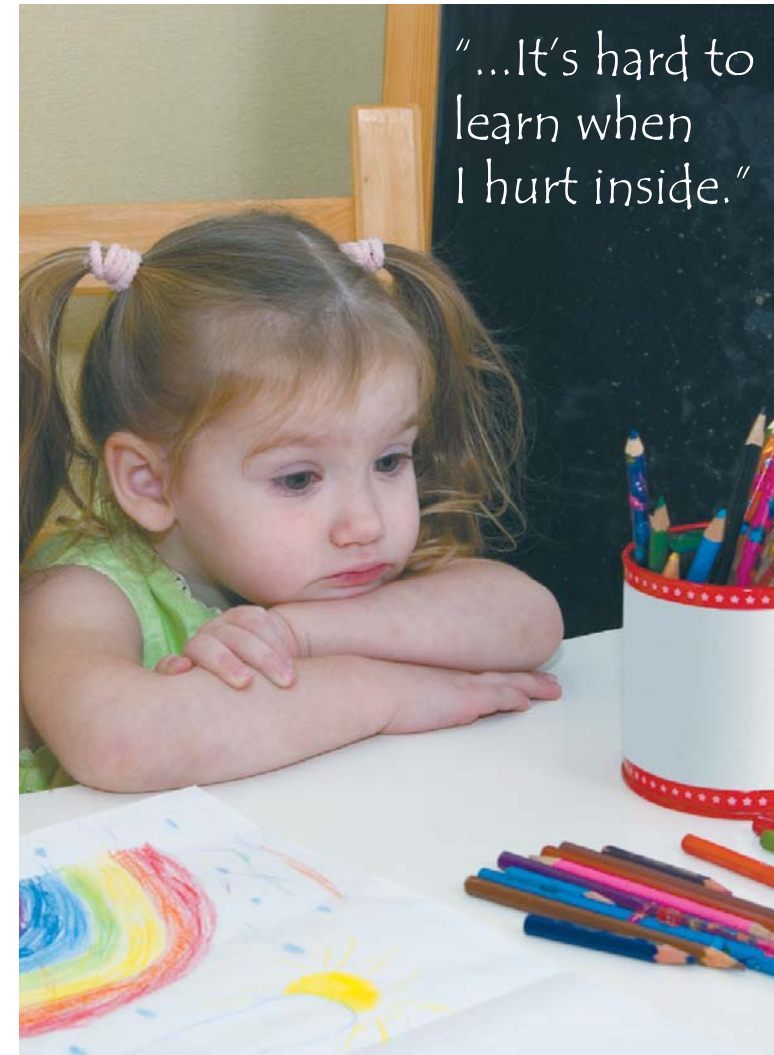
2-4 Tea Gardens Ave,
Kirrawee NSW 2232,
(enter via Princes Highway)

Phone: 02 9545 0299

Fax: 02 9521 6252

E-mail: admin@scw.org.au

For more information on our services visit
www.scw.org.au



"...It's hard to learn when I hurt inside."



Southern
Community
Welfare Inc.

In the community
Caring, Equipping, Empowering, Hope



What is the Rainbows Program?

Rainbows is a weekly peer support program for school aged children who are living in single-parent families, step-families, or families that are going through painful transitions.

When something significant happens in a family, the entire family is affected.

Even though death or divorce appears to be only an adult problem, it does have a profound effect on the children it touches. If a parent dies or a divorce occurs, not only do the parents grieve, the children do also.

Because of their age and short life experience, children find it extremely difficult to verbalise those feelings.

We have caring, trained adults to help these children put those feelings into words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family.

Benefits of the Program?

If your child is part of a single-parent family, a step-family, or struggling through a painful experience, this will be an opportunity for him/her to share with a special someone on the outside, what is happening on the inside.

Through this peer support program, we hope to assist your child in expressing and understanding his/her feelings, to feel acceptance for what has happened, and to feel a sense of belonging and love.

Rainbows is not counselling or therapy and we do not claim to have all the answers to all problems, we plan to help children sort through their sense of loss through the channels of peer support, nurturing adults to guide them, and a secure place to share themselves.

Rainbows sessions include:

- Activity
- Games and some fun
- Discussion
- Closing reflection



Program Details



Ages:

We cater for children aged 5-15 years.

Groups Size:

Rainbows groups consist of 3-6 children of approximately the same age.

When:

Groups are run Tuesday afternoons for 45 minutes from 4.00pm until 4.45pm, over 2 school terms.

Program Length:

Rainbows groups run for a total of 14 weeks, including a wrap up day at the end of each term.

Fee:

The Fee for the full program is \$50 per child. Full fee is payable prior to commencement of the program. Fees are non refundable once the group starts. Rainbows is run through Southern Community Welfare

Where:

Sessions are held at Southern Community Welfare in the grounds of Gynea Baptist Church
2-4 Tea Gardens Ave, Kirrawee NSW 2232

Next Dates:

See Website for when next group commences
www.scw.org.au or call us on 9545 0299

Enrolment:

To enrol, please contact SCW for enrolment forms.
Phone 9545 0299 or email admin@scw.org.au.